

Have you completed the Registration form?
(on opposite side of this page)
***Please include Youth and Children registrations
on the same form.***



Mail your completed form
plus registration fee to:

Peterborough Deanery Council
c/o St. Luke's Anglican Church
566 Armour Road
Peterborough, ON K9H 1Z1
(705) 742-6202
FAX (705) 742-1894
secretary@saintlukes.ca

If registering by fax or email, please ensure your
payment is mailed promptly.

Trent Durham
Area Day of Celebration

Waters of Life: Travelling Together with God



Saturday, March 6, 2010
9:30am - 3:30pm
St. Peter's, Cobourg

Highlights of the Day



Children's Program – Ages 4-9

Jan Stapleton

Theme: **Beginning Our Faith Journey**

****Children have their own agenda for the day.

Parents are asked to complete a consent form during registration****

Youth Program – Ages 10-17

Beverley Williams

Theme: **Travelling in some Radical Boots**

Please see page 14

Adult Workshop Program – Ages 16 and up

Theme: **Waters of Life: Travelling Together with God**

**** Please see the workshop chart in the middle of this brochure
and fill out the registration form on page 15 ****

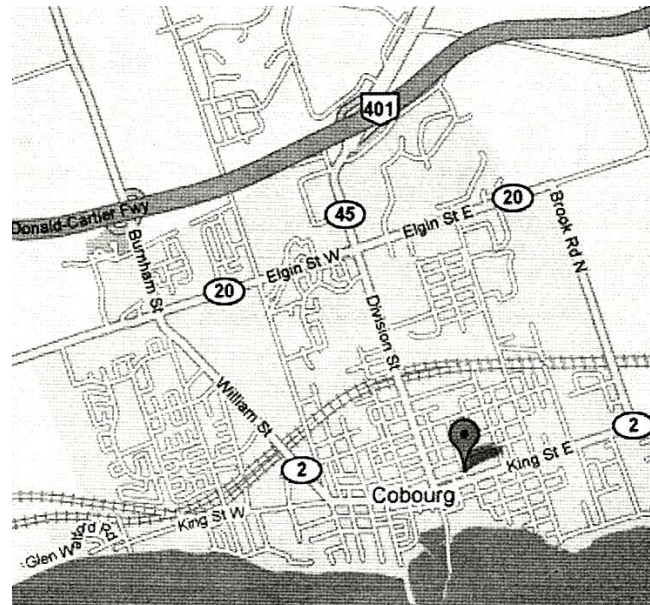
Celebration Eucharist 2:30pm

Inquiries before March 6, 2010 – please call St. Luke's Church,
Peterborough (705) 742-6202.

St. Peter's Church
240 College St.,
Cobourg ON K9A 3V2

See St. Peter's website
www.stpeterscobourg.org
for directions and parking.

Area Day 2010 will happen
whatever the weather...



INDIVIDUAL/FAMILY REGISTRATION

(\$10.00 registration fee includes three workshops and lunch)

ADULT 1

(circle) Mr. Mrs. Ms. Rev. _____

Church Name _____ City/Town/Village _____

E-mail _____ Home Phone _____

Session A: 1st Choice _____ 2nd Choice _____

Session B: 1st Choice _____ 2nd Choice _____

Session C: 1st Choice _____ 2nd Choice _____

ADULT 2

(circle) Mr. Mrs. Ms. Rev. _____

Church Name _____ City/Town/Village _____

E-mail _____ Home Phone _____

Session A: 1st Choice _____ 2nd Choice _____

Session B: 1st Choice _____ 2nd Choice _____

Session C: 1st Choice _____ 2nd Choice _____

YOUTH/CHILDREN

Name(s) 1. _____ Age: _____

2. _____ Age: _____

3. _____ Age: _____

Please Note: All family registrations should be sent in one envelope.

Payment enclosed:

\$ _____ (Cheques payable to "Peterborough Deanery Council")

Costs for the Day:

Individual registration - \$10.00

Registration for a group of 10 or more - \$8.00 per individual. **All registrations must be sent in together.**

Youth/Children - \$5.00 per individual

Deadline for advanced registration is Friday, February 19, 2010

Registration after this date will be \$12.00.

Inquiries – please call St. Luke's Church, Peterborough (705-742-6202)

Children's Program – Ages 4 – 9



Theme: **Beginning Our Faith Journey**

The Children's centre will be open at 8:30am for children to be dropped off by their parents and to meet their Workshop Leader, Jan Stapleton. Children will stay in the centre during the lunch break; however, parents are more than welcome to join their children for lunch.

At 2:15pm, following the last workshop, the children will be brought down to the Great Hall. Parents are asked to reunite with their children at this point and encouraged to attend the **Celebration Eucharist** in the church.

This year, during Area Day, the children are following, as always, the same theme as the adults. The children are, after all, at the beginning of their life's faith journey. During the day we will have conversation circles, crafts, theme-related stories and some free time to 'play' with the many bible-based story baskets the children have access to here on a regular basis. We will be talking about their life experiences, what illuminates them and how we as God's people grow our faith and show God's light in the world. Prayer, filling our hearts and minds with good things, wonderment, making choices, gathering together, outreach and reaching out will be part of the learning. As always, our intention is a little learning and FUN.

Youth Program – Ages 10 - 17



Theme: **Travelling in some Radical Boots**

Workshop #1

10:00 - 11:00 **"Travelling in Some Radical Boots"**

Workshop #2

11:15 - 12:15 **"Open Mike with the Bishop"**

Workshop #3

1:00 - 2:00 **"More Radical Travelling"**

Hope to See You There...

Message from Our Bishop



Dear friends in Christ,

The Area Day 2009 was a great event as we explored the theme of being Passionate Pilgrims on our journey. There is a vibrant energy and delight when Trent Durham Anglicans gather together for learning & worship! I hope you will join us for our 2010 Area Day. Our theme will be **Waters of Life: Travelling Together with God**.

Come on **Saturday, March 6, 2010** to **St. Peter's, Cobourg** for a day of worship & learning. Come with a team from your parish and sample the wide variety of workshops that will help us travel together with God. Workshops include: Worship Dance, Prayer, Fresh Expressions, Life Transitions, Youth Social Justice, *The Shack*, Faith-Sharing, The Anglican Communion, The Weekly Word, a Life-Changing Trip to South Africa and more.

A concurrent program for children ages 4 - 9 and teens aged 10 – 17 is offered!

I look forward to seeing you on March 6th.

Blessings,



The Rt. Rev. Linda Nicholls
Area Bishop of Trent-Durham

Area Day 2010 Theme



"A Canoeist's Prayer" by Gary Cleveland best illustrates our theme for 2010:

...It was your finger which laid aside boulders and formed the bed of the streams and lakes upon which our crafts travel. Our oars stir the waters of your making. Each dip of our paddle reminds us that we are given freedom to pace our journey and set our course. We ask that you guide us in the stream which leads to your purposes. Grant us safety and skill as we travel. Remind us of our fellow voyageurs and teach us to contribute to their success. Make our journey a fellowship of joy and sharing and wonder...

The workshop categories thus reflect much of what we may encounter on our "waters of life" travels with God - still water to rough water, shoreline to islands, tributaries to deep waters - paddling in "a fellowship of joy and sharing and wonder".

It is our hope that Area Day 2010 will be a blessing as you dip your paddle...

Area Day 2010 Committee



Waters of Life: Travelling Together with God



Schedule of Events

<u>Time</u>	<u>Event</u>	<u>Location</u>
8:30 am – 9:30 am	Registration	The Great Hall
9:30 am – 9:50 am	Welcome & Announcements	The Church
10:00 am – 11:00 am	Workshop #1	Workshop Rooms
11:15 am – 12:15 pm	Workshop #2	Workshop Rooms
12:15 pm – 1:00 pm	Lunch Break	The Great Hall
1:00 pm – 2:00 pm	Workshop #3	Workshop Rooms
2:15pm – 2:30 pm	Wrap-Up	The Church
2:30 pm	Celebration Eucharist	The Church

*Lunch is provided and will consist of assorted sub sandwiches (including vegetarian), drinks, and fruit. If you have allergies or dietary needs and are unable to eat subs, please bring your own lunch as we are not able to accommodate special diets given such large numbers.

- Washrooms are found on each floor
- Lunch may only be eaten in the Great Hall, hallways, and Hutton Lounge.
- Please deposit your garbage, recycling and compost in the receptacles provided.

Evaluation Sheets will be provided in your registration package. Fill them out as you complete each of your workshops and be prepared to hand in the completed forms and your name tags in the baskets at the entrances to the church. Thank you for filling them out last year - this year is reflective of them eg. workshops on family issues, forgiveness, church history, etc.

C9 THE WEEKLY WORD

Bill Nicholls, Warden, and the Rev. Steve Smith, Incumbent of St. Luke's, Peterborough

How often have you wanted to discuss something that was said in the sermon, or something that the gospel or readings referred to, but never got the opportunity? This workshop will discuss and demonstrate a "new small group" that will help you open discussion in a positive way.

C10 MASS CHOIR REHEARSAL

Rod McAvoy, Director of Music, St. Peter's, Cobourg

Come and prepare music for the Celebration Eucharist at the end of the day! Please indicate on your registration what part you sing – soprano, alto, tenor or bass.

C5 THE ENVIRONMENT AND YOUR PARISH

Heather and Bruce Beveridge, members of St. Paul, Uxbridge, have been involved in broader efforts to care for God's creation.

We know climate change and other environmental threats pose huge risks. What can we do? Come learn what your parish can do to reduce its greenhouse gas emissions and to "go green" in other ways, with helpful hints and do-able ideas to help your church and God's creation. Green audits, the five R's (Reduce, Reuse, Recycle, Renew, Respect), education and activism will all be covered.

C6 MY LOVED ONE IS GONE - Now What?

The Rev. Canon David Clark, ordained for 40 years, has worked in parishes, hospital chaplaincy and Coordination of Pastoral Services for the Province of Ontario. Currently he is a pastoral care provider for retired clergy and widows in two deaneries in Trent Durham.

You will learn new insights into assisting the grieving as they begin the difficult, life-changing process of reconstructing their lives. This workshop will focus on the roles of the parish, compassionate listening, appropriate programs, family issues, community recreation and resources.

C7 WORSHIP DANCE

Sherri Everitt, a member of the St. Paul's on the Hill Worship Dance Team, has been an active liturgical dancer, choreographer, and workshop leader for over 20 years, both in Ontario and Quebec.

Come join us in dancing to worship God! Sacred dance honours God by rejoicing in Him and in movement. When dancing in prayer, we yield to God's spirit. Worship dance also serves as a source of inspiration to those who observe it, and can be used to teach and witness about God. All participants (any level of mobility) are welcome, no previous experience necessary - bring your enthusiasm and wear comfortable clothes.

C8 BACK TO CHURCH – Would You Be My Guest on Sunday?

The Rev. Michael Calderwood, Incumbent of St. Paul's, Brighton and Area representative for Trent Durham.

In 2009, the Diocese embarked on Back to Church Sunday, an initiative that began in England a number of years ago. How do we share the gospel through relationships? Come and learn more about Back to Church Sunday, its importance, and bring your ideas of how to make this event fun, invigorating and inviting for your congregation in 2010.

Workshops A1- A10 (10 -11am)

(Participants are requested to select ONE workshop from each of the three sessions A, B, & C)

A1 CONTEMPLATIVE FIRE: Travelling Light and Dwelling Deep

The Rev. Anne Crosthwait, Community Leader for Canada

Do you know people who feel their lives are over-worked, chaotic or fragmented? Or have a spiritual life where the worship feels stale, unconnected to the spiritual depth they're seeking? Contemplative Fire, a Fresh Expression from the UK, draws on the broad Christian contemplative tradition to create a place to breathe, to question, and to discover Jesus. Join us to take a look at what this spaciousness could mean for you, your parish or others who don't fit into traditional worship.

A2 FRESH EXPRESSIONS: What's It All About?

John Bowen teaches evangelism at Wycliffe College. He is the author of Evangelism for 'Normal' People and The Spirituality of Narnia.

The phrase "fresh expressions" seems to be on everyone's lips these days. But what exactly does it mean? And where is it coming from anyway? We will look at questions like what it means to be "church," changes in our culture, and what God calls us to do. We will also look at the experience of the Church of England in recent years, and the innovative forms of ministry that are breathing new life into the church and its outreach.

A3 DISCERNING THE VOICE OF GOD

The Rev. Michael Calderwood, Incumbent of St. Paul's, Brighton

Sometimes in the midst of the rough currents and the white water rapids, all we really long for are those still waters that revive our soul. So, how do we hear the voice of God in the midst of our ordinary human experience? This workshop will help us discern some of those confusing and competing voices that sometimes come to us in prayer. Designed for those beginning to pray and want to learn more.

A4 FRUIT OF THE SPIRIT

The Rev. Warren Leibovitch, Incumbent of St. Paul's, Lindsay

What does it mean to live these qualities in our life – love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control? Are we bearing the fruit of the Spirit in our own life? Based on Galatians 5: 22-23.

A5 JESUS WALKS: DISCIPLING YOUTH THROUGH JUSTICE WORK

Christian Harvey, Youth Social Justice Coordinator for Trent Durham

"The postmodern is convinced of truth through participation, not consumer appeals; through wholly lived display, not merely by well reasoned arguments." So often when engaging youth with our faith we focus on making sure they intellectually accept the right doctrines, when what they are looking for is a way of life. By engaging youth in justice work we are allowing them to experience the gospel, rather than just know about it. This workshop will explore why and how we can use justice work as a tool for discipleship.

- A6 A STRATEGIC PLAN FOR TRENT DURHAM – 2010 and Beyond!**
Bishop Linda Nicholls is in her third year as Bishop of Trent Durham.
 The Trent Durham Area Council has created a strategic plan for the Area. Healthy parishes, Fresh Expressions and the Youth Social Justice Coordinator are part of that plan. How can the Council support your parish & community?
- A7 MUSIC FOR THE WHOLE PEOPLE OF GOD**
Rod McAvoy, Director of Music, St. Peter's, Cobourg
 We will look at new and old hymns, familiar hymns and foreign hymns. Together we will discover how to use a combination of hymn types to make worship more uplifting to help build up the body of Christ with music through worship and praise. The workshop will appeal to parishes looking for a new combination of hymns to enliven their Sunday worship.
- A8 FORGIVENESS: THIS CUP I HOLD IN MY HAND**
Adele Finney is a spiritual director, writer and animator who has developed "enactments" in small groups to explore scripture and its themes through expressive action and arts. A member of St. John's, Peterborough, her work includes Praying with our Partners, A Place Apart, and the 2009 play "You Don't Know the Half of It". She is part of the Kawartha Truth and Reconciliation Support Group.
 With a cup of water in hand, we will meditatively explore the spiritual waters of our lives, the muddying and toxicity that requires cleansing and forgiveness, the action of emptying our cup (kenosis) in order to receive and offer forgiveness. Participants will be asked to actively participate in the workshop. *If possible, please bring a cup or mug.*
- A9 TAPPING THE SPRING OF FINANCIAL HEALTH: A Panel Discussion on Implementing Best Practices in your Parish Stewardship Campaign.**
Led by Susan McCulloch, FaithWorks Campaign Manager and Peter Misiaszek, Director of Stewardship Development, both staff of the Diocese of Toronto.
 This session will feature a panel discussion of best practices in parish stewardship development. If your parish has a particular issue that you would like addressed, please email it in advance to Peter Misiaszek, Director of Stewardship Development, pmisiaszek@toronto.anglican.ca
- A10 OUR LIFE-CHANGING TRIP TO SOUTH AFRICA**
The Rev. David Harrison, Incumbent of St. Thomas, Brooklin, and family
 Join David, Mary Lou, Rachel & Sarah Harrison as they show pictures and artwork from their "trip of a lifetime" to South Africa last July. In particular, the presentation will focus on the work of the Anglican Church in our companion diocese of Grahamstown, with a particular emphasis on outreach to children and families living with HIV/AIDS.

- B10 HELP ME, LORD! I NEED AN ARK!**
The Rev. Richard Miller, Incumbent of St. Luke's, Dixie
 This workshop will look at the turbulent, unknown and unfriendly waters of the earth-shattering transitions faced by Noah and Moses, and the nature and character of the faith that got them to dry land and safe shores. We will begin to explore, through their stories, how faith can help us through even the most difficult of transitions. Dialogue and time for personal reflection will be part of this workshop.

Workshops C1 – C10 (1-2pm)

(Participants are requested to select ONE workshop from each of the three sessions A, B, & C)

- C1 PRAYER: Drops of Living Water**
Nancy Hodgkinson, Parish of Ida & Omeme and Betty Hooper, St. Paul's, Lindsay. Both are members of the Anglican Fellowship of Prayer.
 Just as water is necessary to our human life, so prayer is essential to our relationship with God. Come and explore some of the many ways we can talk to God and also hear God's voice in our personal prayer life.
- C2 THE ANGLICAN COMMUNION - A White-Water Rafting Experience**
Archdeacon A. Paul Feheley, Principal Secretary to the Primate, The Anglican Church of Canada
 There are rules for white-water rafting! These rules will assist our discussion of the four instruments of Communion - The Archbishop of Canterbury, The Lambeth Conference, The Primates' Meetings and the Anglican Consultative Council. Special attention will be given to the Anglican Covenant and how the international church impacts the Canadian church and our current relationships.
- C3 JOURNEYING IN THE DESERT: Travelling the Road of Adversity**
The Rev. Munroe Scott, Incumbent of St. John the Baptist, Lakefield
 This workshop will look at finding the water of life in the midst of difficult times, using the narrative of the children of Israel to discover ways of being the People of God in unity as a result of living with adversity.
- C4 GROWING THROUGH OUR LOSSES**
Bishop Linda Nicholls is in her third year as Bishop of Trent Durham.
 Everyone experiences loss – a job, a friend, a vocation, a family member – and grief is a powerful force in our lives that can trap us in pain or help us to grow. Together we will explore the dynamics of grief and consider our faith resources for facing it with hope.

- B5 PRIMATE'S WORLD RELIEF & DEVELOPMENT FUND (PWRDF)**
The Rev. Catherine Miller, Diocese of Toronto representative for PWRDF
All your church needs to become a 'missional' church. PWRDF has for 50 years been the expression of the church alive in Canada, come and be part of this exciting and fulfilling ministry.
- B6 WHAT DO WE 'SEE' AS THE SUN FADES AWAY?**
Rev. David Jansen, part-time Chaplain at the Golden Plough Lodge, a long-term care facility in Cobourg, is a Convention Baptist minister who spent 28 years in chaplaincy in prisons, psychiatric hospitals, Chaplaincy Administration at Queens Park and in long-term care facilities.
Seniors' spirituality is a very important ministry in our parishes. As seniors move into the last part of their human journey their experiences have embraced all 10 of the 'water themes'. How can we be sensitive and responsive to all these experiences as we join our lives with them and try to 'see' through their eyes what they see as the sun fades away?
- B7 FAITH-SHARING: Are We Dead in the Water?**
The Rev. J. Douglas Woods is Associate Priest of St. Luke's, Peterborough, and Honorary Assistant at St. Mark's, Port Hope.
Anglicans — and members of the other mainline Christian denominations — are notoriously poor at sharing their faith with others, yet in this time of declining interest in Christianity — and organized religion in general — we need to be experts at it. So why are we so shy about it? How *can* we share our faith? How *do* we share our faith? Without it, we're dead in the water!
- B8 "THE SHACK": Why It Angers Some and Invigorates Others**
Christian Harvey, Youth Social Justice Coordinator for Trent Durham
"The Shack" is a book being talked about both inside and outside of the church. Some call it heresy; others call it inspiring. Some say it is leading people away from the true Christian faith; others say it is pointing people to a renewed relationship with God. Why all the fuss? We will engage these questions through watching interviews with the author, rants by his detractors and discussion among ourselves. It would be beneficial for you to read the book before attending.
- B9 EVANGELISM FOR 'NORMAL' ANGLICANS**
John Bowen teaches evangelism at Wycliffe College. He is the author of Evangelism for 'Normal' People and The Spirituality of Narnia.
For many people, the word "evangelism" still has connotations of street corner preachers and TV evangelists. There is a way of understanding evangelism as a healthy process that Jesus teaches and models, and which is more compatible with Anglicanism. Do you consider yourself a "normal" Anglican—interested in evangelism but cautious? Then this is for you!

Workshops B1- B10 (11:15am -12:15pm)

(Participants are requested to select ONE workshop from each of the three sessions A, B, & C)

- B1 GROW YOUR CHURCH**
Dave Robinson, Lead Consultant in Congregational Development for the Diocese of Toronto, has been over 20 years at the Diocese and coach for nearly 50 NCD cycles.
Natural Church Development (NCD) is perhaps the fastest growing phenomena in Church Health in Canada. Over 25% of the churches in the Diocese are currently engaged in growing their congregations through NCD. This is NOT a program. It is a way to focus a congregation's unique gifts and competencies where they will have maximum effect in growing Healthy, Vital, Attractional churches. Come see what all the buzz is about!
- B2 "WHO, ME? WHO, US?" Is Your Parish Being Called to Begin a Fresh Expression of Church?**
The Rev. Jenny Andison, Archbishop's Officer for Mission and Associate Priest of St. Paul's Bloor Street, Toronto.
This workshop will begin with a brief overview of what Fresh Expressions of church are, and why they are needed in a mixed-economy diocese. We will discuss how you would know if you are being called by God to start a Fresh Expression in your parish, and some tangible first steps of discernment. Also, practical ways of laying the groundwork in your own parish context for a Fresh Expression of church.
- B3 WHERE DO WE COME FROM & HOW DID WE GET HERE?**
The Rev. Paul G. Walker, retired priest and President of the Canadian Church Historical Society
The remarkable story of Christianity is how a fringe society, spurned by the world around it, became the single most important influence on our western civilization. Christian understanding of God's nature has changed and evolved throughout history as has our own. Come and learn more about our Christian roots.
- B4 LIFE GOES ON - Separation/Divorce/Remarriage and the New Family Dynamic**
Jeff Packer, Director/Therapist of Jeff Packer MSW & Associates Inc., is a registered Social Worker with 20 years experience in the field, and active member of Whitby Baptist Church.
Divorce can be a turbulent experience that parents, grandparents and children find difficult to navigate. Relationships change, leaving individuals with a range of emotions - anger, isolation, loss, guilt and a sense of being out of control. This workshop will help you identify the issues you may face and help you begin to develop strategies to cope, adjust, and provide support for the children and yourselves. Jeff is committed to presenting a lighthearted discussion on a tough topic.



“WATERS OF LIFE” WORKSHOPS



Still Waters	White Water	Deep Waters	Rough Water	Portage	Shoreline	Waterfalls	Islands	Tributaries	Locks
A1 Contemplative Fire: Travelling Light & Dwelling Deep <i>Anne Crosthwait</i>	A2 Fresh Expressions: What's It All About? <i>John Bowen</i>	A3 Discerning the Voice of God <i>Michael Calderwood</i>	A4 Fruit of the Spirit <i>Warren Leibovitch</i>	A5 Jesus Walks: Discipling Youth Through Justice Work <i>Christian Harvey</i>	A6 A Strategic Plan for Trent Durham – 2010 and Beyond! <i>Bishop Linda Nicholls</i>	A7 Music for the Whole People of God <i>Rod McAvoy</i>	A8 Forgiveness: This Cup I Hold in My Hand <i>Adele Finney</i>	A9 Tapping the Spring of Financial Health <i>Susan McCulloch & Peter Misiaszek</i>	A10 Our Life-Changing Trip to South Africa <i>David Harrison & family</i>
B1 Grow Your Church <i>Dave Robinson</i>	B2 “Who, ME? Who, US?” ... a Fresh Expression of Church? <i>Jenny Andison</i>	B3 Where do We Come From & How Did We Get Here? <i>Paul G. Walker</i>	B4 Life Goes On: ... the New Family Dynamic <i>Jeff Packer</i>	B5 Primate's World Relief & Development Fund <i>Cathy Miller</i>	B6 What Do We 'See' as the Sun Fades Away? <i>David Jansen</i>	B7 Faith-Sharing: Are We Dead in the Water? <i>Doug Woods</i>	B8 “The Shack”: Why It Angers Some & Invigorates Others <i>Christian Harvey</i>	B9 Evangelism for 'Normal' Anglicans <i>John Bowen</i>	B10 Help Me, Lord! I Need an Ark! <i>Rick Miller</i>
C1 Prayer: Drops of Living Water <i>Nancy Hodgkinson & Betty Hooper</i>	C2 The Anglican Communion – A White-Water Rafting Experience <i>Paul Feheley</i>	C3 Journeying in the Desert: Travelling the Road of Adversity <i>Munroe Scott</i>	C4 Growing Through Our Losses <i>Bishop Linda Nicholls</i>	C5 The Environment & Your Parish <i>Heather & Bruce Beveridge</i>	C6 My Loved One is Gone – Now What? <i>David Clark</i>	C7 Worship Dance <i>Sherri Everitt</i>	C8 Back to Church Sunday <i>Michael Calderwood</i>	C9 The Weekly Word <i>Bill Nicholls & Steve Smith</i>	C10 Mass Choir Rehearsal <i>Rod McAvoy</i>